A multisite, randomized field trial to evaluate the influence of lactoferrin on the morbidity and mortality of dairy calves with diarrhea

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ABSTRACT

Diarrhea is one of the most common causes of antimicrobial use and mortality in young calves. To reduce antimicrobial use and resistance on dairy farms, research on alternative therapies for calf diarrhea is necessary. Our laboratory previously conducted a randomized clinical trial investigating the effectiveness of lactoferrin, an iron-binding protein found in colostrum, as a treatment for calf diarrhea. The trial showed significantly reduced calf mortality in diarrheic calves that were administered lactoferrin. Thus, the objective of this study was to corroborate the results of our prior clinical trial across multiple farms and to investigate the effect of lactoferrin on the morbidity and mortality of preweaned calves with naturally occurring cases of diarrhea. This randomized field trial was conducted on 5 commercial dairy farms in Ohio. In total, 485 calves (≤ 21 d of age) were enrolled at first diarrhea diagnosis (fecal score ≥ 2 defined as loose to watery) and randomly assigned to receive an oral dose of lactoferrin (3 g of lactoferrin powder dissolved in 30 mL of water) or 30 mL of water (control) once daily for 3 consecutive days. Health assessments were conducted on the day of diarrhea diagnosis (d 0) and 1, 2, 3, 7, 14, 21, 28, and 35 d following diagnosis. Producer records of disease treatment and mortality were collected 120 d following diagnosis. A Poisson regression model was used to test differences between treatments in disease frequency through 35 d post-diarrhea diagnosis and the incidence risk of treatment and mortality risk 120 d post-diarrhea diagnosis; the model controlled for calf age at enrollment, farm, and treatment. Median calf age at enrollment was 11 d and ranged from 1 to 26 d of age. At study enrollment, 51.3% (123/240) and 52.2% (128/245) of calves in the control and lactoferrin treatment groups, respectively, were diagnosed with severe diarrhea (fecal score = 3). The frequency of disease

(diarrhea, dehydration, depression, signs of respiratory disease) through 35 d following diarrhea diagnosis was not significantly different for calves in the lactoferrin and control groups. Overall mortality risk for enrolled calves was 9.9%, and 10.7% (22/243) and 9.1% (26/242) of calves in the lactoferrin and control groups, respectively, died or were culled in the 120 d following diarrhea diagnosis. The relative risk of death or culling did not differ between treatment groups, however. Therefore, as performed in this study, lactoferrin as a treatment for calf diarrhea was not beneficial.

Key words: calf diarrhea, lactoferrin, antimicrobial alternative

INTRODUCTION

Diarrhea remains one of the most common causes of antimicrobial use and mortality in preweaned dairy heifer calves in the United States (USDA, 2018). According to the National Animal Health Monitoring Survey in 2014, 21% of preweaned dairy calves were reported to have diarrhea or other digestive problems, and more than 75% of affected calves received antimicrobial treatment (USDA, 2018). Antimicrobials used for treatment in dairy calves have an important public health impact, and those categorized as “highest priority critically important” by the World Health Organization (WHO, 2017), including third-generation cephalosporins, are commonly used to treat calf diarrhea in the United States (Constable, 2004; Pereira et al., 2014; USDA, 2018). Thus, reduced overall antimicrobial use on dairy farms necessitates research on viable alternative therapies for calf diarrhea.

Lactoferrin, an iron-binding glycoprotein naturally found in colostrum, is involved in iron homeostasis and has antimicrobial (Embleton et al., 2013), immunomodulatory (Puddu et al., 2009), and anti-inflammatory properties (Conneely, 2001). Lactoferrin has been extensively researched in humans, primarily in infants and young children (Manzoni et al., 2012; Ochoa et al., 2013; Pammi and Abrams, 2015; Manzoni, 2016), and there is evidence that lactoferrin reduces the severity and longitudinal prevalence of diarrhea (Ochoa et al.,

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2013). Fewer studies have been conducted in livestock species; however, daily lactoferrin supplementation has been shown to increase ADG (Joslin et al., 2002; Robblee et al., 2003) and reduce morbidity (Robblee et al., 2003) in preweaned dairy calves.

In an earlier trial conducted on a single dairy calf ranch, our laboratory found that lactoferrin significantly reduced calf mortality or culling through 120 d post-diarrhea diagnosis (Habing et al., 2017). This was determined by assessing the effectiveness of lactoferrin and garlic extract compared with water (control) as a treatment for naturally occurring cases of calf diarrhea for 199, 205, and 224 calves enrolled into the lactoferrin, garlic extract, and water (control) groups, respectively. However, because our former trial was conducted on a single dairy operation, additional research across multiple dairy herds is needed to corroborate the observed reduction in mortality and culling in calves that received lactoferrin. Thus, the objective of this study was to use a multisite, randomized clinical trial to determine the effectiveness of lactoferrin as a treatment for naturally occurring cases of diarrhea in preweaned dairy calves. We hypothesized that lactoferrin would reduce the rate of disease, including diarrhea, signs of respiratory disease, depression, and dehydration, and 120-d risk of mortality and culling when administered to calves with diarrhea.

MATERIALS AND METHODS

This multisite, randomized field trial was conducted on 5 commercial dairy farms in Ohio in accordance with the guidelines set by The Ohio State University Institutional Animal Care and Use Committee (animal use protocol 2013A00000054).

Study Sites

This trial began in March 2017 and ended in December 2017. A convenience sample of dairy farms within a 100-mile (161 km) radius from The Ohio State University (Columbus) that reported raising their own replacements was selected. All calves were routinely separated from the dam and fed colostrum as soon as possible after birth via bottle or esophageal feeder. Three farms housed preweaned heifer calves outside in individual calf hutches, 1 farm housed heifer calves indoors in individual pens with solid sides, and 1 farm housed heifer calves indoors in individual pens separated with wire paneling. The number of farms selected was determined by the total number of calves required ($n = 220$ cases/group) to provide sufficient power ($\beta = 0.80$) to detect a significant ($\alpha = 0.05$) difference between treatment

groups, assuming mortality rates of 13 and 5% in the control and treatment groups, respectively (Habing et al., 2017).

Enrollment

Research personnel were trained by the lead investigator before the start of the experiment to ensure proper animal handling, experimental techniques, and accuracy of disease diagnoses. All calves ≤ 21 d of age were visually assessed by The Ohio State University research personnel. Calves were enrolled in the trial after being diagnosed by research personnel with diarrhea (fecal score of 2 or 3; Table 1). New cases were enrolled 3 d/wk, and preference was given, if necessary, to more severe cases of diarrhea based on results of our previous trial, which documented a lower relative risk of death or culling in calves with watery diarrhea (fecal score of 3) compared with moderate cases of diarrhea (fecal score of 2; Habing et al., 2017). Calves were excluded from possible enrollment if they were severely depressed (score of 3) or if they were diagnosed with diarrhea and subsequently treated by farm personnel on nonenrollment days or days when research staff did not visit the farm. Following diarrhea diagnosis, a clinical health examination was conducted, and a fecal and blood sample was obtained from each calf before experimental treatment administration. All necessary nonexperimental therapies for diarrhea (e.g., fluids, antimicrobials) were administered by farm personnel according to individual farm protocols (Table 2), but experimental study treatments (lactoferrin and control) were administered only by research personnel.

Experimental Treatments

Lactoferrin was commercially prepared and obtained as a freeze-dried protein from bovine milk (The Tatua Co-operative Dairy Company Ltd., Morrinsville, New Zealand). Lactoferrin treatments were prepared on-farm by dissolving 3 g of lactoferrin powder in 30 mL of distilled water; treatments were prepared in advance and stored at 4°C for 24 h to increase product solubility. Calves meeting the criteria for study enrollment received once-daily treatments of either 30 mL of distilled water (control) or 30 mL of distilled water containing 3 g of lactoferrin for 3 consecutive days. All treatments were administered via oral dosing syringe.

Calves were randomized (Microsoft Excel, Microsoft Corp., Redmond, WA) to either the control or the lactoferrin treatment groups by the research coordinator in blocks of 2, with a randomly assigned within-block order of treatments. In other words, once calves were

Table 1. Description of the scoring systems used for signs of respiratory disease, diarrhea, depression, and dehydration in the present study

Health concern	Score			
	0	1	2	3
Nasal discharge	Normal serous discharge	Small amount of unilateral cloudy discharge	Bilateral cloudy or excessive mucus discharge	Copious bilateral mucopurulent discharge
Ocular discharge	Normal	Small amount of ocular discharge	Bilateral cloudy or excessive mucus discharge	Copious bilateral mucopurulent discharge
Cough	None	Induced single cough	Induced repeated coughs or occasional spontaneous cough	Repeated spontaneous coughs
Diarrhea	Normal	Semiformed; pasty	Loose; stays on top of bedding	Watery; sifts through bedding
Depression	Normal; no signs of depression	Mild depression; calf suckles but not vigorously	Moderate depression; calf able to stand; suckling is weak or disorganized	Severe depression; calf unable to stand or suckle
Dehydration	Normal; eyes are bright and skin feels pliable	Mild dehydration; slight loss of skin elasticity; skin tent ≤ 3 s; eyes not recessed into orbit	Moderate dehydration; skin tent >3 s but <10 s; eyes slightly recessed into orbit	Severe dehydration; skin tent >10 s; eyes markedly recessed into orbit

diagnosed with diarrhea, lactoferrin and water (control) treatments were randomly assigned to calves in groups of 2 (e.g., block 1: calf 1 = lactoferrin, calf 2 = control; block 2: calf 3 = control, calf 4 = lactoferrin). This approach was used to distribute treatments evenly between and within farm locations over the course of the trial and to prevent anticipation of treatment allocation by research personnel. All farm personnel were blinded to treatment assignments. Although perfect blinding for research personnel was not possible because the same research personnel were responsible for conducting health assessments and mixing and administering treatments, health examinations were completed for all calves before treatment administration, and study personnel were generally unaware of treatment assignments when recording subjective health assessment data due to the large number of enrolled cases.

Farm Therapies for Calf Diarrhea

Each farm had a different diarrhea case definition to initiate therapy (Table 2). Routine therapies for calf diarrhea for each farm were administered at the discretion of farm personnel independent of research staff diarrhea diagnosis and study enrollment. Calves

diagnosed with diarrhea by the research staff could go undiagnosed by farm personnel depending on the farm and their case definition of diarrhea. Two farms used fecal consistency as the only sign to initiate therapy, similar to our enrollment criteria, and the remaining 3 farms considered fecal consistency and signs of systemic illness (e.g., inappetence or attitude) to initiate therapy. Each farm also followed a different diarrhea treatment regimen, which varied from the use of anti-diarrheal medicine to different antimicrobials, with and without fluid therapy.

Data Collection

Health. Fecal samples were collected from each calf at study enrollment to confirm diarrhea cases. Health examinations were conducted on the day of diarrhea diagnosis (e.g., study enrollment) and 1, 2, 3, 7, 14, 21, 28, and 35 d postenrollment. The physical health examination (Table 1) included rectal temperature at diarrhea diagnosis and scores for fecal consistency (4-point scale; McGuirk, 2008), signs of respiratory disease (4-point scale; McGuirk, 2008), depression (4-point scale; Constable et al., 1998), and dehydration (skin tent test, 4-point scale; Constable et al., 1998). Health outcome

Table 2. Diarrhea case definitions and farm therapies for the 5 farms enrolled in this trial

Farm no.	No. of cases	Diarrhea diagnosis	Routine farm treatments
1	72	Fecal consistency and depression	Spectinomycin
2	124	Fecal consistency and depression	Ceftiofur, electrolytes
3	47	Fecal consistency only	Sulfadimethoxine
4	111	Fecal consistency and inappetence	Sulfamethoxazole
5	131	Fecal consistency only	Kaolin, pectin (Kao-Pec ¹)

¹Agri Laboratories Ltd. (St. Joseph, MO).

scores were dichotomized using biologically relevant cut-offs. Health outcomes were considered clinically normal if fecal score = 0 or 1, depression score = 0 or 1, navel inflammation score = 0 or 1, and skin tent score = 0 or 1. Diarrhea was defined as a fecal score = 2 or 3, and severe diarrhea was defined as a fecal score = 3. Depression was defined as a depression score = 2 or 3, navel inflammation was defined as a navel score = 2 or 3, and a fever was defined as a temperature $\geq 39.4^{\circ}\text{C}$. Complicated diarrhea was considered separately as diarrhea with depression. Ocular discharge or head tilt or ear position, nasal discharge, and induced or spontaneous cough were considered signs of respiratory disease, and scores = 2 or 3 were considered abnormal. Calves were considered dehydrated if the skin remained tented >3 s (score = 2 or 3). Records of disease events and treatments as well as mortality were maintained by farm personnel and collected through 120 d following enrollment in the trial.

Blood Samples. On the day of enrollment, blood samples from the jugular vein were collected into 10-mL vacuum tubes (Monoject Blood Collection Tubes, Covidien, Mansfield, MA), with and without EDTA liquid additive, using a 20-gauge, 1-inch (2.54 cm) blood collection needle (Monoject, Covidien). Blood samples were immediately placed on ice, where they remained until being transported to the laboratory for further processing. Blood analyses were conducted at The Ohio State University College of Veterinary Medicine (Columbus) or the Ohio Agriculture Research and Development Center, Food Animal Health Research Center (Wooster), depending on farm location.

Packed Cell Volume and Total Protein. Whole blood from EDTA-coated tubes was drawn into capillary tubes (40-mm glass capillary tube, Beckman Coulter Inc., Indianapolis, IN) and centrifuged at $10,000 \times g$ for 3 min at 4°C . Capillary tubes were read using a micro-hematocrit capillary tube reader (McCormick Scientific LLC, St. Louis, MO) to evaluate dehydration ($>46\%$ packed red blood cell count; Kahn et al., 2010) via measure of packed cell volume. In addition, blood samples from plain serum tubes were centrifuged at $1,180 \times g$ at 4°C for 15 min. Total serum protein was analyzed using a hand-held refractometer, and blood serum was stored at -20°C until further laboratory processing.

Statistical Analysis

We performed an intention-to-treat analysis in which all calves were analyzed in the group to which they were initially assigned (Gupta, 2011). Means, proportions, and standard errors were calculated for baseline

characteristics at enrollment. Potential baseline differences between treatment groups were tested using model-based approaches that accounted for nonindependence of calves within farms. A linear regression model (PROC GLM, SAS version 9.4, SAS Institute Inc., Cary, NC) was used to test for differences in continuous variables (temperature, packed cell volume, and total serum protein) at enrollment. A logistic regression model (PROC GLIMMIX, SAS version 9.4) was used to test for differences in age and dichotomized fecal, dehydration, and depression scores between treatment groups at enrollment.

A Poisson regression model (PROC GENMOD, SAS version 9.4) with robust standard errors (Zou, 2004) was used to identify differences in the rate (across 6 observation days) of diagnosed diarrhea, depression, dehydration, and signs of respiratory disease (cough or ocular discharge and ear droop) post-diarrhea treatment. Very few cases of complicated diarrhea or signs of nasal discharge were diagnosed posttreatment; thus, these variables were excluded from further analyses. The experimental unit and the unit of observation were the calf, and the outcome for the model was the count of observed days with disease divided by a total of 6 calf-days at risk. Because health assessments were performed on 6 occasions post-diarrhea treatment (d 3, 7, 14, 21, 28, and 35), each calf contributed a maximum of 6 calf-days. Due to study limitations, fewer calves had d 3 (control: $n = 149$; lactoferrin: $n = 168$ calves with completed observations) and d 35 (control: $n = 168$; lactoferrin: $n = 169$ calves with completed observations) follow-up health assessments. Baseline (day of enrollment) health assessment variables, including packed cell volume, total serum protein, age, dehydration, depression, and signs of respiratory disease, were retained in the model if the univariable P -value was <0.20 or if inclusion of the variable changed the treatment effect (risk ratio) measure by $>20\%$. Despite robust randomization procedures, calf age at enrollment differed between treatment groups and farm and was thus included in the model to account for variation in age at enrollment. The final model included treatment, farm, and calf age at enrollment. Rate ratios for diarrhea, depression, dehydration, and signs of respiratory disease and the associated 95% confidence intervals were derived from the model using the “estimate” statement.

Disease treatments and mortality and culling are described descriptively across the lactoferrin and control treatment groups, and the sum of producer-recorded treatments and deaths and culls was used for the statistical analysis. A Poisson regression model was used to test differences in the incidence risk of treatment and

Table 3. Characteristics of calves with diarrhea at enrollment for the control (n = 242) and lactoferrin (n = 243) treatment groups

Variable	Treatment		SE	P-value
	Control	Lactoferrin		
Median age (d)	10.5	11.0	—	0.05
Packed cell volume (%)	32.8	32.7	0.41	0.85
Serum total protein (g/dL)	6.2	6.2	0.04	0.50
Mean rectal temperature (°C)	39.1	39.1	0.06	0.44
Severe diarrhea (score = 3; no., %)	123 (50.8)	128 (52.7)	—	0.78
Diarrhea + depression (no., %)	19 (7.9)	18 (7.4)	—	0.85
Diarrhea + fever (no., %)	49 (20.5)	45 (18.8)	—	0.66
Dehydration (skin tent >3 s; no., %)	47 (19.4)	43 (17.7)	—	0.66
Depression (score ≥2; no., %)	19 (7.9)	18 (7.4)	—	0.85

mortality and culling before 120 d following diarrhea diagnosis. The univariable *P*-value for severity of dehydration at enrollment was <0.20. Thus, the final model included treatment, farm, calf age at enrollment, and baseline dehydration status. Risk ratio estimates were derived from the model using the “estimate” statement. Significance and tendencies were declared at $P \leq 0.05$ and $P \leq 0.10$, respectively.

RESULTS

Enrollment

From March to August 2017, 492 calves were initially enrolled in the study; however, 1 bull calf was inadvertently enrolled, 1 calf received both lactoferrin and water (control) treatments at enrollment, and treat-

ment group was not properly identified for 5 calves. In total, 242 and 243 calves were enrolled in the control and lactoferrin treatment groups, respectively. The median age of calves at enrollment was 11 d and ranged from 1 to 26 d (Figure 1). Four calves were >21 d of age at enrollment but remained in the analysis to stay consistent with the intention-to-treat approach (Gupta, 2011). Baseline characteristics, except for calf age at enrollment, did not differ between treatment groups (Table 3).

Beyond experimental or concurrent farm therapies for diarrhea at study enrollment, 12.2% (59/243) and 11.8% (57/242) of calves in the lactoferrin and control treatment groups, respectively, received at least 1 farm-administered treatment for any disease in the 120 d following diarrhea diagnosis. For calves that received lactoferrin, the risk ratio of farm treatment was 1.09

Figure 1. Age of dairy calves at first diarrhea diagnosis and enrollment in the study.

(95% CI: 0.76–1.58; $P = 0.63$), and there was no significant interaction between farm therapy and lactoferrin effect.

Diarrhea Incidence and Risk of Disease

Twelve calves (control: $n = 9$ calves; lactoferrin: $n = 3$ calves) died or were removed from the herd before the final observation day at 35 d post-diarrhea diagnosis. However, these calves remained in the analysis, and the last measurement for each calf before study removal was retained to remain consistent with the last available observation carried forward method (Streiner and Geddes, 2001) and intention-to-treat analysis.

In total, 61.4% (143/233) and 65.4% (157/240) of calves in the control and lactoferrin treatment groups, respectively, had at least 1 observed incident of diarrhea post-experimental treatment (d 3–35), with 16.7% (39/233) and 16.3% (39/240) of cases being severe (fecal score = 3). The proportion of calves with diarrhea differed by day, and 45.0% (67/149) and 51.8% (87/168) of calves in the control and lactoferrin treatment groups, respectively, were clinically diagnosed with diarrhea following treatment completion on d 3 (Figure 2). Lactoferrin supplementation tended to reduce the risk of diarrhea 14 d post-diarrhea diagnosis (Figure 3). Across the 6 observation days post-diarrhea

treatment, the frequency of diagnosed diarrhea, depression, dehydration, or signs of respiratory disease did not differ between the control and lactoferrin treatment groups (Table 4).

Risk Ratio for Death or Culling

In total, 9.9% (48/485) of enrolled calves died or were culled from the herd in the 120 d following diarrhea diagnosis, with 10.7% (22/243) and 9.1% (26/242) in the lactoferrin and control groups, respectively. The number of reported deaths and culls varied significantly across farms ($P < 0.001$), ranging from 4.0 to 19.9% in the 120 d following enrollment. Age and cause of death were not consistently recorded across farms. The 120-d risk of death or culling was numerically lower but not significantly different for calves receiving lactoferrin for treatment of diarrhea compared with calves in the control group (risk ratio: 0.87; 95% CI: 0.49–1.54), and there was no significant farm $\times$ treatment interaction. Of the calves that died or were culled from the herd, 50% (28/48) had severe diarrhea (fecal score = 3) at study enrollment. For the subset of calves with a fecal score of 3, the risk of death or culling was numerically but not significantly lower for calves treated with lactoferrin (relative risk: 0.75; 95% CI: 0.35–1.59; P -value = 0.45).

Figure 2. The proportion of preweaned dairy calves with diarrhea (fecal score = 2 or 3) at first diarrhea diagnosis (d 0) and 1, 2, 3, and 7 d postdiagnosis. Calves were treated with lactoferrin (gray bars) or water (control; black bars) on d 0, 1, and 2.

Table 4. Effect of treatment with lactoferrin on the relative risk of diarrhea, dehydration, depression, and signs of respiratory disease post-diarrhea treatment in reference to the control group¹

Variable	Rate ratio	95% CI	P-value
Diarrhea (score ≥ 2)	1.04	0.87–1.23	0.65
Severe diarrhea (score = 3)	0.93	0.62–1.40	0.74
Dehydration (skin tent >3 s; score ≥ 2)	0.95	0.59–1.51	0.81
Depression (score ≥ 2)	1.11	0.61–2.03	0.74
Cough (score ≥ 2)	1.10	0.78–1.55	0.56
Ocular discharge and ear droop (score ≥ 2)	1.31	0.87–1.98	0.19

¹Calves were clinically evaluated 3, 7, 21, 28, and 35 d following diarrhea diagnosis.

DISCUSSION

Randomized clinical trials are necessary to determine the effectiveness of alternative therapies for calf diarrhea to reduce overall antimicrobial use on dairy farms. This is the first multisite, randomized clinical trial to evaluate the effectiveness of lactoferrin as a treatment for diarrhea in preweaned dairy calves. A strength of this research study includes the enrollment of multiple dairy farms, increasing the generalizability of the findings. Inclusion of multiple farms also reduces the risk of potential selection bias and confounding variables that may be associated with one farm. Additional strengths of this study include robust randomization and blinding procedures. One potential pitfall of this study, and a common limitation of randomized clinical trials, is missing data from a subset of calves during follow-up evaluations. To limit potential biases associated with exclusions, we used an intention-to-treat analysis, one of the most clinically informative and statistically robust methods of analysis for randomized clinical trials with missing data (Streiner and Geddes, 2001).

In this study, supplementing calves with lactoferrin at first diarrhea diagnosis did not reduce calves' risk of disease within 35 d following diagnosis. Similarly, the risk of producer-diagnosed disease treatment 120 d following diarrhea diagnosis was similar between the lactoferrin and control treatment groups. Previous studies have reported that lactoferrin improved fecal consistency in calves when supplemented 1 g/d from 3 d of age to 2 wk postweaning (Robblee et al., 2003). Prenner et al. (2007) also reported fewer diseased days and reduced severity of diarrhea cases in calves supplemented with lactoferrin at 0.16% from birth to 70 d of age. Lactoferrin supplementation, however, in our current and previous studies was used as a treatment for naturally occurring cases of calf diarrhea as opposed to blanket supplementation for disease prevention. Additional studies with varying doses are necessary to assess the longer-term effects of lactoferrin as a treatment for calf diarrhea.

Lactoferrin treatment tended to reduce the risk of diarrhea 14 d following diagnosis. This result was unexpected. It is possible that lactoferrin may have a pro-

Figure 3. Relative risk (95% CI) of diarrhea (fecal score = 2 or 3) following a 3-d dose of lactoferrin or water (control). * $P = 0.09$.

tective effect against certain pathogens, such as bovine rotavirus or coronavirus, which usually causes diarrhea in calves 1 to 2 wk of age (Cho and Yoon, 2014). Although we accounted for as many variables as possible that may have influenced our outcomes, it is also quite possible that this is merely a spurious relationship.

Furthermore, we observed no difference between treatments in the frequency of clinical signs associated with respiratory disease, such as ocular discharge or ear droop or cough. We hypothesized that the observed reduction in mortality and culling for calves treated with lactoferrin in our former trial may have been due to reduced severity or frequency of respiratory disease, yet the results of our current study do not support this idea. To our knowledge, very little research has been conducted to determine the influence of lactoferrin on respiratory disease in young dairy calves. However, a recent study reported a reduction in the incidence rate of respiratory- and diarrheal-related illnesses in human infants supplemented with lactoferrin-fortified formula for 3 mo (Chen et al., 2016). Additionally, a pilot study by King et al. (2007) reported significantly fewer lower respiratory tract infections in infants when supplemented with lactoferrin for 12 mo; however, further studies are needed to corroborate these results. Thus, it is possible that lactoferrin may have beneficial effects on calf morbidity if supplemented throughout and beyond the preweaning period, but in contrast to our prior findings, the results of this study suggest little to no long-term effect on health when used as a 3-d treatment for early cases of calf diarrhea.

In our former trial, lactoferrin significantly reduced the 60- and 120-d risk of mortality and culling when used as a treatment for diarrhea (Habing et al., 2017). That trial, however, was conducted on an organic operation, and differences in mortality and culling were observed in lieu of antimicrobial therapies (Habing et al., 2017). In the current study, experimental treatments (lactoferrin and control) were administered as an adjunct to antimicrobial therapies, per farm treatment protocols. In other words, the farms enrolled in this study did not alter their disease treatment protocols, and farms continued to treat cases of diarrhea and other diseases independent of research staff diagnosis. Thus, it is possible that the antimicrobial therapies administered by farm personnel masked the potential beneficial effect of lactoferrin on calf morbidity and mortality. It is also possible that we did not have the statistical power to detect a significant difference with the mortality estimates used for the power analysis calculations, as the case-mortality rate was lower than expected. Future clinical trials on multiple organic dairy operations and on conventional operations with more calves should be considered.

CONCLUSIONS

The results of this study suggest that a 3-d oral dose of lactoferrin at first diarrhea diagnosis does not reduce the risk of future morbidity or mortality in dairy calves. Additional research on multiple organic dairy operations should be conducted to evaluate whether lactoferrin would be most useful as a treatment for diarrhea in organic herds. Further analyses or challenge models are also necessary to identify the cause of discrepant results of the current and prior trials of lactoferrin.

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