Characterization of high-milk-protein powders upon rehydration under various salt concentrations

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ABSTRACT

Rehydration of native micellar casein and native whey isolate protein powders was followed in different ionic environments. Solutions of NaCl and CaCl2 in the concentration range of 0 to 12% (wt%) were used as rehydration media. The rehydration profiles obtained were interpreted in terms of wetting, swelling, and dispersion stages by using a turbidity method. Two behaviors were observed depending on the salt concentration. For native micellar casein powder, a significant change was observed between 3 and 6% NaCl and between 0.75 and 1.5% CaCl2. The first behavior (low salt concentration) presents a typical rehydration profile: quick wetting, swelling, and long dispersion stage. The dispersion stage of the second behavior (high salt concentration) was significantly shortened, indicating a strong modification of the protein backbone. The rehydration of whey protein powder was less influenced by salts. At low salt concentrations, a typical profile for whey powders was observed: wetting with lump formation and no swelling followed by a quick dispersion. At high CaCl2 concentrations, no turbidity stabilization was observed, indicating a possible protein unfolding and denaturation. Additionally, the changes in secondary structures of the 2 proteins upon salt increase were followed by Fourier transform infrared spectroscopy and confirmed the different profiles observed.

Key words: ionic environment, milk protein, powder rehydration

INTRODUCTION

Milk proteins are a valuable source of protein because they combine a high nutritional value and various functional properties (e.g., gelling, emulsifying). Based on the results of Walstra et al. (1999), whole milk powders mainly consist of lactose (approximately 38%), whey proteins (approximately 4%), caseins (approximately 20%), and milk fat (approximately 26%). Caseins are the most important class of milk proteins and are the network formers in dairy products such as yogurt and cheese. In milk, caseins exist as micelles, comprising 4 types: αS1, αS2, β, and κ-casein (Swaisgood, 1996). Whey proteins are defined as the group of milk proteins that remain soluble in milk serum or whey after precipitation of casein at pH 4.6 and 20°C. This group includes principally β-lactoglobulin and α-lactalbumin, but also includes minor proteins fractions (Farrell et al., 2004). There is a continuing need to develop innovative, dairy-based ingredients; native micellar casein (NMC) and native whey isolate proteins (NWI) are 2 such ingredients and have been made possible by developments in the membrane microfiltration processing of skim milk (Fauquant et al., 1988).

Milk proteins can be spray dried easily and the resulting protein powders present with high total protein contents (90% of total solids). The NMC powder is a useful ingredient for the food industry because of its high protein content and its ability to be used as a relevant model for milk micelles (Maubois, 2002). In addition, this powder presents excellent rennet-coagulating properties and enhances the capacity for cheese making (Pierre et al., 1992). Despite these properties, native micellar casein powders present very slow dispersion properties, making the total rehydration process time consuming. Native whey isolate proteins present specific applications in many foodstuffs (Jayaprakasha and Brueckner, 1999) because of various functional properties, such as solubility, viscosity, water binding, whipping, and emulsification. Compared with NMC, NWI powders present opposite rehydration properties (Gaiani et al., 2007). The wetting stage was found to be very slow, whereas the dispersion stage was quick; the total rehydration was fastest for NWI powders.

Milk protein powders are frequently dried to stabilize and transport. This is the reason why rehydration ability is an essential quality attribute of the powder. Consequently, rehydration is often realized by the industry before use (King, 1966). Freudig et al. (1999) confined powder rehydration to 4 stages. The first, called the “wettability” stage, involves the ability of powder to absorb water. The “sinkability” stage is the ability of
the powder to sink into the water. The third stage is “dispersibility,” which is the ability to disperse in single particles throughout the water. The final stage, also called dissolution, relates to the separation between molecules during the rehydration process. The addition of salts was found to have a major influence on the hydration process of casein by modifying its structure and mineral composition (Famelart et al., 1999; Gaucheron et al., 2000). The physical and functional attributes of whey proteins with the addition of mono- (NaCl) and divalent (CaCl2) salts also have been well documented by Kuhn and Foegeding (1991). For whey proteins, salt addition may enhance aggregation and affect the hydration process by electrostatic-shielding, ion-specific hydrophobic interactions and cross-linking of adjacent anionic molecules by forming protein–Ca–protein bridges (Kinsella et al., 1989; Ju and Kilara, 1998).

The aim of this work was to investigate the influence of the ionic environment (distilled water, NaCl solution, and CaCl2 solution) on milk proteins powder rehydration and secondary structure. From an industrial point of view, our project is significant because of the dearth of basic data on the dynamics of hydration in connection with environmental conditions, and because of the poorly controlled rehydration process in the food industry.

**MATERIALS AND METHODS**

**Samples**

The NMC powder was obtained from International Dairy Ingredient (Arras, France). This industrial powder (Prolam 872B) is obtained by microfiltration from milk and has a high percentage of native micellar casein (casein: 83.5%, whey: 3.4%, fat: 0.3%, lactose: 0.4%, ashes: 7.6%, and moisture: 4.8%). The NWI powder (Prolacta 90) was provided by Lactalis (Laval, France) and was obtained by membrane-tangential ultrafiltration and diafiltration of microfiltrate collected during NMC production (casein: 3.5%, whey: 86.4%, fat: 0.5%, lactose: 1.0%, ashes: 3.1%, and moisture: 5.5%). The NaCl and CaCl2 salts were furnished by VWR (Prolabo, Haasrode, Belgium) and Merck KGaA (Darmstadt, Germany) respectively.

**Rehydration Media**

Rehydration of NMC and NWI powders was studied at 24°C in 2 different media (NaCl and CaCl2 solutions) at different concentrations (0, 0.75, 1.5, 2.25, 3, 6, 9, and 12% wt/vol). Sodium azide (Merck KGaA) was added as an antimicrobial agent in each rehydration medium (0.2 g/L).

**Rehydration Setup**

The experimental setup used to follow the rehydration kinetics has been detailed by Gaiani et al. (2005). The rehydration was carried out in a 2-L vessel equipped with a 4-blade, 45° impeller (R 100 impeller; 8 cm diameter) rotating at 450 rpm (Lightnin LabMaster mixer, Axflox, France). The turbidity sensor was positioned through the vessel wall to avoid disturbances during stirring. A turbidity meter (Analite NEP 160, McVan Instruments, Mulgrave, VIC, Australia) was used to monitor turbidity changes accompanying powder rehydration. A measurement system for continuous monitoring (Almemo 8990-8 V5, Holzkirchen, Germany) was connected to the turbidity meter. Turbidity data were collected automatically every 5 s for 25,000 s at least in triplicate. For all experiments, the powder concentration was fixed at 5% (wt/vol). The powder was poured in less than 5 s, 60 s after starting the monitoring to obtain a correct stabilization of turbidity.

**Infrared Measurements**

The Fourier transform infrared (FTIR) scans were obtained with a Tensor 27 mid-FTIR spectrometer (Bruker, Karlsruhe, Germany) equipped with a total attenuated reflection mode cell and a mercury-cadmium-telluride detector cooled with liquid N2. Scanning rate was 20 kHz, and 256 scans were used for reference and samples between 4,000 and 850 cm−1. The nominal instrument resolution was 2 cm−1. Spectra of references were recorded on water, NaCl, or CaCl2 salt solutions according to their concentrations. The protein solution (2 mL) was put on the ZnSe crystal of the optical cell and left for 5 min, allowing for protein adsorption onto the crystal. This ameliorated the signal:noise ratio of FTIR spectra considerably. Analyses were performed on totally rehydrated powders in salt media (NaCl and CaCl2) at different concentrations (0, 0.75, 1.5, 2.25, 3, 6, 9, 12%). To obtain a total rehydration of the powder, the powder was left under stirring 1 night at 24°C in each medium. The total rehydration was confirmed by dynamic light scattering (data not shown). All treatments were carried out with OPUS software (Bruker, Karlsruhe, Germany). Raw absorbance spectra were smoothed using a 9-points Savitsky-Golay smoothing function and cut between 1,720 and 1,200 cm−1 corresponding to amide regions (I, II, and III). Elastic baseline correction using 200 points was then applied to spectra. After that, spectra were centered and normalized using OPUS software.

**Statistical Analyses**

Statistical analysis was carried out by using the software KyPlot version 2.0. For comparisons between...
powder rehydration in water and other rehydrations (i.e., NaCl, CaCl$_2$), parametric multiple tests were performed (Dunnett test with NMC and NWI powder rehydration in water as control). The significance levels were $***P < 0.001$, $**P < 0.01$, $*P < 0.05$, and NS, $P > 0.05$.

**RESULTS**

**Micellar Casein Rehydration in Different Ionic Environments**

**Micellar Casein Rehydration in Water.** The rehydration of 5% native micellar casein in water was followed with a turbidity sensor. The mean profile obtained in water is presented in Figure 1A. The turbidity profile was interpreted in terms of wetting, swelling, dispersion, and total rehydration stages as already described in detail by Gaiani et al. (2007). The rehydration profiles show an early wetting stage with a first turbidity peak obtained 10 s after powder addition. The wetting stage was followed by a light turbidity decrease corresponding with the swelling stage 2 min after powder addition. Then, a turbidity increase was observed (i.e., particle dispersion) and was followed by a stabilization of the turbidity 467 min after powder addition. This stabilization was related to the total rehydration stage.

**Micellar Casein Rehydration in NaCl Solutions.** Two rehydration behaviors were obtained for micellar casein rehydration in NaCl and rehydration times are summarized in Table 1. The first behavior was found for casein rehydration in water with up to 3% salt (0, 0.75, 1.5, 2.25, and 3%). For these 5 profiles, it is possible to distinguish the following stages: wetting, swelling, and dispersion (behavior I in Figure 2). In comparison with water, the rehydration profiles obtained for 0.75, 1.5, 2.25, and 3% NaCl had longer wetting (33, 37, 40, and 45 s) and swelling (14, 21, 53 and 55 min) stages. In comparison with water, the total rehydration was significantly delayed and was not completed, even after 500 min (no turbidity stabilization). The second behavior (behavior II in Figure 2) was obtained for higher salt concentrations (6, 9, and 12%). The wetting stage was still longer than in water (55, 56, and 62 s), but the total rehydration was significantly shortened (around 230 min). For this behavior, the swelling stage was not observed.

**Micellar Casein Rehydration in CaCl$_2$ Solutions.** Two rehydration behaviors also were established for micellar casein rehydration in CaCl$_2$ (Table 1). The first behavior was noticed only in water and 0.75% salt (behavior I in Figure 2). For 0.75% salt, a longer wetting stage in comparison with water was observed (around 45 s). The swelling stage also was longer and the total rehydration was not complete, even after 500 min. The second behavior was observed when the salt concentration was augmented (from 1.5% up to 12%). In these cases, the swelling stage was not observed and the total rehydration was significantly shortened (around 200 min).

**Native Whey Protein Rehydration in Different Ionic Environments**

**Native Whey Protein Rehydration in Water.** The turbidity profile obtained during the rehydration of native whey protein powder in water is presented in Figure 1B. From this mean profile, the first turbidity peak was obtained 23 s after powder addition. No more swelling stages were observed. The total rehydration was observed after 25 min and was related to turbidity stabilization.

**Native Whey Protein Rehydration in NaCl Solutions.** Almost similar rehydration behaviors (behavior I) were observed for NWI rehydration in NaCl salts solutions up to 12% NaCl solutions (Figure 3). For NaCl concentration up to 6%, no significant difference was observed in the rehydration times (wetting, swelling and total rehydration in Table 1). For 9 and 12% NaCl, the wetting and total rehydration times were significantly longer.

**Native Whey Protein Rehydration in CaCl$_2$ Solutions.** Figure 3 represents the 2 rehydration behaviors obtained in CaCl$_2$ salt solutions during NWI rehydration. The first behavior was observed for NWI rehydrated in water with up to 1.5% salt. For these 3 concentrations, no significant differences were observed between the rehydration times. The turbidity profile (behavior I in Figure 3) showed an early wetting and a short rehydration time. The swelling time was not observed. On the contrary, for the second rehydration behavior (behavior II in Figure 3), the turbidity stabilization was not obtained, even after 100 min. For this behavior, after a period of stabilization, the turbidity increased slowly and regularly. The wetting stage was slightly increased from 23 s in water to 44 s in 12% CaCl$_2$.

**Secondary Structure of Milk Proteins in Different Ionic Environments**

**Native Micellar Casein.** Figure 4A shows the original FTIR spectrum (from 1,200 to 1,700 cm$^{-1}$) of native micellar casein totally rehydrated (overnight) in water and in 12% salt. The amide I peak is easily identifiable and centers on 1,641 cm$^{-1}$. The amide I region (1,700–1,600 cm$^{-1}$) is principally associated with the stretching vibrations of peptide carbonyl groups. The
amidine II peak, centered on 1,550 cm\(^{-1}\) (1,600–1,700 cm\(^{-1}\)), is mainly N-H bending and C-N stretching modes. The amide III region (1,350–1,200 cm\(^{-1}\)) presents relatively weak signals, but may be easily resolved and is better defined than amide I and II regions. No differences were observed in the amide II shape for casein rehydrated in water and in a high-ionic environment. On the contrary, amide I and amide III regions

Figure 1. Turbidity profiles (NTU, nephelometric turbidity units) obtained during rehydration of (A) 5% native micellar casein powder and (B) 5% whey protein isolate powder at 24°C in water. The red (gray) profile is the mean of 3 independent analyses (standard deviation in black): (a) wetting time, (b) swelling time, and (c) total rehydration time. Color version available in the online PDF.
presented different shapes in water and in 12% salt. Intermediate curves were obtained for other concentrations (0.75, 1.5, 2.25, 3, 6, and 9%), but were not presented for figure simplification. For casein rehydrated in NaCl solutions (Figure 4A), the amide I center was significantly shifted from 1,641 to 1,635 cm\(^{-1}\), and the amide III principal peak also was shifted from lower wave numbers (1,249 to 1,247 cm\(^{-1}\)). Casein rehydrated in CaCl\(_2\) presented similar shifts. For all rehydration media (each concentration and each salt), the only differences observed were that peak shifts were more important when the salt concentration increased.

**Native Whey Proteins Isolate.** Figure 4B shows the original FTIR spectrum of whey protein isolate powders totally rehydrated in water and in 12% salt. The amide I peak centered on 1,630 cm\(^{-1}\), regardless of the salt media. The amide II peak centered on 1,548 cm\(^{-1}\) (1,600–1,700 cm\(^{-1}\)) and the amide III region (1,350–1,200 cm\(^{-1}\)) are only ones influenced by the salt concentration. The amide I region presented different shapes and intensities in water and in 12% salt. For NWI rehydrated in NaCl solutions, the amide I center was only slightly shifted toward lower wave numbers (1,630 to 1,628 cm\(^{-1}\)). The NWI rehydrated in CaCl\(_2\) had the same shifts. On average, these shifts amounted to about 2 cm\(^{-1}\) maximum. In conclusion, for all rehydration media (each concentration and each salt), the only significant differences observed were that amide I peaks shifted to lower wave numbers and amide I peak intensity was less important when the salt concentration increased.

**DISCUSSION**

**Rehydration of Micellar Casein**

In agreement with Gaiani et al. (2005, 2007), the total rehydration of micellar casein in water was time-consuming, with a quick wetting stage and a very long dispersion stage. The rehydration time obtained in this study (467 min) was in accord with that reported by Gaiani et al. (2007). They found a total rehydration
Figure 2. Turbidity profiles (NTU, nephelometric turbidity units) obtained during rehydration of 5% native micellar casein powder at 24°C for 1,000 min in different ionic environments (mean of 3 independent analyses). Behavior I: wetting stage, swelling stage, and long total rehydration stage. Behavior II: wetting stage, no swelling stage, and short total rehydration stage.

Figure 3. Turbidity profiles (NTU, nephelometric turbidity units) obtained during rehydration of 5% native whey protein isolate powder at 24°C for 1,000 min in different ionic environments (mean of 3 independent analyses). Behavior I: wetting stage, no swelling stage, and quick total rehydration stage. Behavior II: wetting stage, no swelling stage, and rehydration stage not observed.
time of 566 min for nonagglomerated micellar casein powders. Milk protein concentrate powders also are characterized by a low solubility index. Mimouni et al. (2009) reported that a low solubility index for milk protein concentrate powders at room temperature was the result of slow dissolution kinetics rather than the existence of a large amount of insoluble material in the rehydrated powder. In other words, a significant fraction

Figure 4. Original Fourier transform infrared spectrum of (A) native micellar casein and (B) native whey protein isolate rehydrated in NaCl and in CaCl₂ solutions.
of powder material remains undissolved after a reason-
able time of reconstitution at room temperature (Havea,
2006). According to these authors, 2 overlapping steps
are involved in the rehydration process: the disruption
of agglomerated particles into primary particles and,
currently, the release of material from the powder
particles into neighboring aqueous phase. The nature
of the insoluble material also has been characterized.
It mainly consists of casein micelles linked together by
fibril-like protein structures (although their nature has
not been clearly established). These linkages seem to
involve hydrophobic interactions and nonmicellar ca-
seins dissociated from the micelles during milk protein
concentrate powders manufacture (Anema et al., 2006;
Havea, 2006). Consequently, micellar casein powders
are generally considered to be poorly soluble powders
for which rehydration of micelles is a time-consuming
process (Jost, 1993).

In NaCl and CaCl2, 2 rehydration behaviors were
observed. The first was similar to the profile obtained
in water, but with a time delay: the presence of the
wetting stage, swelling stage, and total rehydration. Ac-
cording to previous studies, dispersion of micelles into
NaCl not only increases micellar hydration (Grufferty
and Fox, 1985), but also leads to solubilization of cal-
cium and phosphate (Famelart et al., 1999). Moreover,
it is well known that increases in ionic strength cause
decreases in activity coefficients of the diffusible ions
and consequently increases in the dissociation of ion
pairs so that hydration of casein micelles is increased
because of these changes. Even if salts are hygroscopic
and may increase the micelle hydration, no ameliora-
tion of the rehydration stages in comparison with water
was observed in this study.

The second rehydration behavior was observed from
6 and 1.5% for NaCl and CaCl2, respectively. This be-
havior was different from that seen with water. The
total rehydration was significantly shortened and the
swelling stage was absent. As has already been observed
for powders with quick rehydration times (Gaiani et al.,
2007), the swelling stage may be mixed up with the
dispersion stage. Our study confirms the findings of
Huppertz and Fox (2006). They reported that addition
of NaCl induces changes in physicochemical stability of
casein micelles by decreasing negative charge on the mi-
celles. In agreement with Schuck et al. (2002), the addi-
tion of NaCl (at 420 mM) improved the reconstitution
time. These authors observed an infinite reconstitution
period for CaCl2 addition at 222 mM. Philippe et al.
(2005) revealed that the addition of divalent cations
(CaCl2) into a milk system may cause a strong modi-
fication of casein micelles and may decrease micelle
hydration. According to Famelart et al. (1999), casein
solubilization and hydration showed slight biphasic
changes with CaCl2 addition. Negative casein charges
are reduced by calcium binding between 0 to 100 mM
CaCl2. In conclusion, this second behavior may be the
result of a change in micellar structure due to the high-
salt environment. This change may occur between 3
and 6% (517 and 1,034 mM) in NaCl and between 0.75
and 1.5% (67 and 135 mM) in CaCl2 solutions.

This change in micellar structure was also observed
by FTIR (Figures 4). Conformational changes of the
casein backbone may be induced by Ca2+ binding to
the side chain (Curley et al., 1998). The Ca2+ binding
involved serine phosphate and carboxyl groups of gluta-
mate and aspartate residues corresponding to the side
chain vibration (1,600–1,610 cm−1). Hence, the shift
observed toward lower wave numbers corresponding to
the side chain vibration may be due to ion binding.
Similar FTIR spectra were observed for casein rehy-
drated in NaCl.

Rehydration of Whey Proteins

The NWI powder demonstrated rapid dispersion
properties after wetting but was found to have poor
wettability, in agreement with Gaiani et al. (2005,
2007). The turbidity instability observed at the begin-
ing of the profile could be due to lump formation flow-
ing past the sensor as already noticed by Freudig et al.
(1999). Kinsella (1984) has established that globular
proteins bind less water than intact casein micelles.
This may explain why the swelling stage was not pres-
ent or noticeable for whey proteins. An electrophoresis
study carried out by Anema et al. (2006) indicated that
caseins were the insoluble proteins, whereas the whey
proteins showed early and strong soluble behavior.

The first rehydration behavior was observed for NWI
rehydration in water, for all NaCl solutions and up to
1.5% for CaCl2. All of these profiles showed poor wet-
tability, no swelling, and rapid dispersion. An increase
in NaCl from 0 to 12% showed no significant effect on
the turbidity profile. Globular proteins are shaped in a
compact form at a low ionic strength due to selec-
tive binding of anions by protein cations. However, at
higher ionic strength, 2 factors (i.e., screening of electric
charge by electrolyte and association between protein
molecules) may result in the formation of a precipitate
and may lead to an early hydration (Kinsella, 1982).
The second important and observable aspect was that
both cationic salts (NaCl and CaCl2) at low concentra-
tion show similar behavior and nonsignificant effects on
rehydration times of powders. Our results support those
of Simons et al. (2002) and Mercadé-Prieto et al. (2007)
who reported that calcium salts act similarly to sodium
in screening charges, but because Ca2+ binds especially
to the carboxylates, much lower concentrations are re-
The CaCl$_2$ was more effective at screening electrostatic interactions than NaCl due to higher valency of counterions and because calcium ion can form ion bridges between negatively charged protein molecules. This whole phenomenon may influence the rehydration behavior of NWI powder. These findings are in agreement with those of Kuhn and Foegeding (1991) and Bryant and McClements (2000).

From the FTIR spectra, it could be noticed that spectra corresponding to whey proteins differed in intensity with the addition of salt. It would be of interest to evaluate quantitatively changes in structures (α-helix, turns, irregular, and β-sheet) by curve fitting and tentative assignments as already accomplished by Curley et al. (1998) on micellar casein. This work will be done in a future study. Similar results were obtained for β-lactoglobulin rehydrated first at pH 2 and 7 and then heated at 85°C (Schmitt et al., 2009). It was concluded that the main consequence at these pH levels was protein denaturation and not aggregation. One hypothesis is that in a highly ionic environment, NWI may be more prone to denaturation and less to aggregation. For instance, Schmitt et al. (2009) demonstrated that the relative sensitivity of band attributed to β-sheet and unordered/α-helix secondary structure was a clear indicator of differences in the denaturation/aggregation balance. This point will need to be studied in detail in further studies.

**CONCLUSIONS**

The interpretation of the turbidity profiles was helpful to better understand the rehydration stages of native micellar casein and native whey protein isolate powders in increasingly salty environments. We observed 2 distinct behaviors depending on the salt type and concentration: CaCl$_2$ seemed to act in a manner similar to NaCl, but a lower concentration was required to destructure (casein) or unfold (whey) the proteins. Nevertheless, multiscale characterization will be required to investigate more precisely the structure of the 2 proteins in these environments. This will be done in a future paper by coupling transmission electron microscopy, dynamic light scattering, reverse-phase HPLC, and FTIR curve fitting.

**ACKNOWLEDGMENTS**

The authors are gratefully indebted to the Pakistan Ministry of Higher Education Commission (HEC) for financial support.

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