Evaluation of various selective media for the detection of *Pseudomonas* species in pasteurized milk

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**ABSTRACT**

*Pseudomonas* spp. are common gram-negative, post-pasteurization contaminants that contribute to spoilage of pasteurized dairy products. This study evaluated 5 common selective media for detecting *Pseudomonas* spp. in pasteurized milk. The performance of each selective medium for recovering 12 different *Pseudomonas* isolates (selected to represent a diversity of pasteurized milk isolates) was compared with that of standard plate count agar pour plates. *Pseudomonas* isolates showed varying abilities to produce colonies on different selective media. For 2 of 12 isolates, a 48-h incubation time was required for colony formation on any of the media tested. Violet red bile agar and coliform Petrifilm (3M, St. Paul, MN) were less effective than standard plate count agar pour plates at recovering *Pseudomonas*, regardless of incubation time, and MacConkey agar showed poor detection efficiency compared with SPCP after a 48-h incubation ($R^2 = 0.26$). Therefore, the use of violet red bile agar, MacConkey agar, or coliform Petrifilm may not be sufficient for detecting common *Pseudomonas* spp. in milk. The methods showing the highest detection efficiencies were crystal violet tetrazolium agar (CVTA) pour plates ($R^2 = 0.95$) and CVTA plates inoculated by spiral plating ($R^2 = 0.89$) incubated at 32°C for 48 h. Overall, plating milk samples on CVTA followed by a 48-h incubation at 32°C was the most effective selective method for recovering a diversity of *Pseudomonas* spp. from milk.

**Key words:** *Pseudomonas*, gram-negative, milk quality, post-pasteurization contamination

**INTRODUCTION**

Contamination with psychrotolerant gram-negative bacteria remains a leading cause of fluid milk spoilage and food loss in the United States (Eneroth et al., 2000; Carey et al., 2005; Ranieri and Boor, 2009; Martin et al., 2011). The combination of stringent cleaning and sanitation programs and legal pasteurization regimens (e.g., HTST) effectively minimizes gram-negative spoilage bacteria present in the raw milk. Therefore, gram-negative spoilage is generally an indicator of post-pasteurization contamination (Ralyea et al., 1998).

Members of the gram-negative genus *Pseudomonas* are common in the dairy continuum, and several species are frequently isolated from raw milk (Ternstrom et al., 1993; Jayarao and Wang, 1999). Many dairy-associated *Pseudomonas* spp. produce degradative enzymes (i.e., proteases and lipases) (Wiedmann et al., 2000; Nicodeime et al., 2005; Boran and Ugur, 2010; De Jonghe et al., 2011) that can produce rancid and bitter off-flavors in milk. Reducing the presence of gram-negative spoilage organisms, including *Pseudomonas* spp., in dairy processing environments and finished products is critical to extending the shelf life of pasteurized dairy products, including fluid milk.

Several bacteriological media are available for selectively detecting gram-negative bacteria in dairy products. Crystal violet tetrazolium agar (CVTA; Frank and Yousef, 2004), MacConkey agar (MAC; Difco, 1998), violet red bile agar (VRBA; Frank and Yousef, 2004), and 3M Coliform Petrifilm (CPETRI, 3M, St. Paul, MN) are examples of gram-negative selective media. Crystal violet tetrazolium agar, MAC, and VRBA contain crystal violet to inhibit the growth of gram-positive bacteria, and MAC and VRBA also contain bile salts, which may inhibit some gram-negative organisms; therefore, CVTA is the recommended method for the detection of total gram-negative bacteria in milk (Frank and Yousef, 2004). Violet red bile agar and MAC also contain lactose and a pH indicator and can thus be used to differentiate non-lactose-fermenters from lactose fermenters, which include coliform bacteria. Coliform Petrifilm is designed to detect specifically coliform bacteria and is widely used in the dairy industry.

The use of VRBA, MAC, or CPETRI as the only method of gram-negative detection by dairy processing facilities may result in false-negative results for the presence of certain gram-negative spoilage organisms (e.g., *Pseudomonas* spp.) that may be sensitive to the additional selective agents (e.g., bile salts) in these media. Although a previous study tested 2 strains of *Pseu-
domonas on 3 types of selective gram-negative media (Glueck-Chaloupka and White, 2004), little information exists on the direct comparison of the abilities of gram-negative selective media to quantitatively recover a diverse set of Pseudomonas dairy isolates. To this end, this study directly compared the performance of several gram-negative selective media, including coliform media, in recovering multiple strains of Pseudomonas from milk. From a collection of over 200 Pseudomonas isolates, collected mostly from raw and conventionally pasteurized milk, 12 were chosen to represent a diversity of 16S rDNA sequence types. This study provides the dairy industry a comprehensive analysis of media options for detecting post-pasteurization contamination by Pseudomonas spp.

MATERIALS AND METHODS

Selection of Pseudomonas Isolates

The Pseudomonas isolates tested here (n = 12; Table 1) were chosen from over 200 Pseudomonas milk isolates (excluding isolates identified as closely related to potentially pathogenic Pseudomonas aeruginosa) cataloged in the PathogenTracker database (available at http://www.microbetracker.net). To ensure sequence diversity, partial 16S rDNA sequencing was performed as described previously (Durak et al., 2006; Huck et al., 2007) on the Pseudomonas isolates. Partial 16S rDNA sequences from the 12 Pseudomonas isolates and from representative Pseudomonas type strains obtained from the Ribosomal Database Project (RDP; http://rdp.cme.mdsu.edu/) were aligned and trimmed with MegAlign (version 8.0.2, DNASTar, Madison WI), and a phylogenetic tree was produced using the maximum parsimony method in PAUP*4.0 with 500 bootstrap replications. A Citrobacter freundii partial 16S sequence was used as an outgroup in the phylogenetic analysis. Based on the phylogenetic analysis, most of the 12 Pseudomonas isolates grouped with different type strains into unique phylogenetic clades (Figure 1), indicating that the isolates chosen represent a diverse selection within the genus Pseudomonas.

Comparison of Selective Media

Frozen stocks of the bacterial isolates were obtained from the Cornell University Food Safety Laboratory (CU-FSL) isolate collection. Cultures were streaked from −80°C frozen stock onto brain heart infusion (Difco, Sparks, MD) agar and incubated for 18 h at 32°C. A colony from each strain was used to inoculate 5 mL of sterile brain heart infusion broth in 16-mm glass test tubes, which were then incubated for 48 h with aeration (shaking at 220 rpm) at 32°C. A 1-mL aliquot of the culture was then centrifuged at 14,000 × g and the supernatant was removed. The resulting cell pellet was resuspended in 1 mL of phosphate dilution buffer (Weber Scientific, Trenton, NJ), diluted to 1,000 to 10,000 cfu/mL, and inoculated into commercially purchased UHT pasteurized milk (1% milk; Organic Valley, La Farge, WI) for an approximate inoculum of 2 to 3 log cfu/mL. Inocula were enumerated by spiral plating the appropriate dilution on SPC agar (EMD, Gibbstown, NJ), followed by incubation at 32°C for 24 to 48 h. Inoculated UHT milk was incubated at 6°C for 48 h to simulate refrigerated storage conditions. After a 48-h incubation at 6°C, appropriate dilutions of inoculated UHT samples prepared in phosphate dilution buffer were plated in duplicate on (1) SPC

<table>
<thead>
<tr>
<th>FSL ID</th>
<th>Species identification</th>
<th>16S rDNA sequence identity (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSL R5-202</td>
<td>Pseudomonas lurida/poae</td>
<td>100</td>
</tr>
<tr>
<td>FSL R5-300</td>
<td>Pseudomonas proteolytica/brenneri</td>
<td>99.2</td>
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<tr>
<td>FSL R5-318</td>
<td>Pseudomonas vranovensis</td>
<td>99.9</td>
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<td>FSL R5-504</td>
<td>Pseudomonas lasioptera</td>
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</tr>
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<td>FSL R5-555</td>
<td>Pseudomonas hundensis</td>
<td>99.9</td>
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<td>FSL R5-695</td>
<td>Pseudomonas nigricans</td>
<td>100</td>
</tr>
<tr>
<td>FSL R5-779</td>
<td>Pseudomonas stutzeri/balaerica</td>
<td>100</td>
</tr>
<tr>
<td>FSL W6-286</td>
<td>Pseudomonas rhizosphaerae</td>
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<tr>
<td>FSL W6-524</td>
<td>Pseudomonas poae/lurida</td>
<td>100</td>
</tr>
<tr>
<td>FSL W6-987</td>
<td>Pseudomonas breneri/gessardii/rhodesiae</td>
<td>100</td>
</tr>
<tr>
<td>FSL W7-098</td>
<td>Pseudomonas fraga</td>
<td>100</td>
</tr>
<tr>
<td>FSL W7-425</td>
<td>Pseudomonas plecglossicida</td>
<td>100</td>
</tr>
</tbody>
</table>

1Cornell Food Safety Lab isolate designation. More isolate information can be found at www.microbetracker.net using the full isolate designation (e.g., FSL R5-202).

2Based on sequence identity to respective type strain sequence obtained using Seqmatch function in Ribosomal Database Project (http://rdp.cme.mdsu.edu/).
pour plates (SPCP); (2) SPC plates inoculated by spiral plating (SPCS); (3) CVTA [plate count agar (EMD, Gibbstown, NJ) with 2,3,5-triphenyltetrazolium chloride (Sigma-Aldrich, St. Louis, MO)] pour plates (CVTAP); (4) CVTA plates inoculated by spiral plating (CVTAS); (5) VRBA plates inoculated by pour plating (Difco, Sparks, MD); (6) VRBA with an overlay of approximately 5 mL of VRBA agar (VRBAO); (7)
CPETRI (3M); or (8) MAC (Difco) inoculated by spiral plating. All media were incubated at 32°C for 48 h, with enumeration after 24 and 48 h. Three biological replications of the experiment were completed.

Statistical Analyses

Separate one-way ANOVA and post hoc Tukey’s honestly significant difference tests were performed to test for (1) differences in final counts on different media among different Pseudomonas isolates and (2) differences among isolates for survival and growth in UHT milk at 6°C over 48 h. Linear regression was used to fit counts on each medium to counts on the nonselective control agar, SPCP. The R² value of the linear regression, a measure of how well each medium could predict SPCP, was used as a measure of detection efficiency at 24 or 48 h. For example, a higher R² value (maximum is 1.0) indicates higher predictability for SPCP results and, accordingly, a greater efficiency in recovering Pseudomonas from milk. All statistical analyses were performed using JMP (version 9.0.0, SAS Institute Inc., Cary, NC).

RESULTS AND DISCUSSION

Post-pasteurization contamination with Pseudomonas spp. represents an important contributor to the spoilage of dairy products. Therefore, testing final product for the presence of Pseudomonas spp. is critical to ensuring the quality and increasing the shelf life of pasteurized dairy products. We examined the efficiency of 5 different selective media and 2 incubation times for the detection of Pseudomonas spp. from milk. Our results indicated that (1) commonly used gram-negative selective media showed differences in detection of Pseudomonas spp. in milk, (2) incubation of selective agar for 48 h after plating is required for reliable detection of Pseudomonas spp. from milk, and (3) different Pseudomonas isolates differed in their abilities to grow on selective media.

Commonly Used Gram-Negative Selective Media Showed Differences in Detection of Pseudomonas spp. in Milk

Isolates were inoculated into UHT milk, incubated for 48 h at 6°C, and then enumerated on SPC pour plates (SPCP) and spiral plates (SPCS) as well as on 5 different selective media. Colony counts on the different media were determined after incubation for 24 and 48 h (all counts are presented in Supplementary Table S1, available at http://www.journalofdairyscience.org/). After 24 h, a significant difference was observed among media tested for enumerating Pseudomonas spp. (P < 0.0001; ANOVA). Specifically, the nonselective media SPCP and SPCS showed the highest mean counts (both showed 3.74 log cfu/mL), followed by CVTAP, MAC, and CVTAS (3.25, 3.21, and 3.08 log cfu/mL, respectively). Violet red bile agar had the lowest mean counts after 24 h (1.59 and 1.38 log cfu/mL for VRBA and VRBAO, respectively).

To determine the efficiency of each selective agar for enumerating Pseudomonas spp. grown in milk at 6°C, linear regression was used to compare bacterial counts on each medium with SPCP counts. An R² value close to 1.0 indicates maximum detection efficiency. After 24 h, among the selective media tested, MAC counts most accurately predicted SPCP counts at 24 h (R² = 0.66), followed by CVTAP (R² = 0.56) and CVTAS (R² = 0.36) (Figure 2a). Violet red bile agar showed the lowest detection efficiency; VRBA had an R² = 0.13, and VRBAO had an R² = 0.29 (Figure 2a).

After 48 h, the general gram-negative selective media CVTAP and CVTAS showed the highest efficiencies (R² = 0.95 and 0.89, respectively; Figure 2b) in recovering Pseudomonas. Furthermore, mean counts on these media were not significantly different from those on SPCS or SPCP (P > 0.05; Tukey honestly significant difference test), whereas coliform media (i.e., CPETRI, VRBA, and VRBO) had mean counts that were significantly lower than those on SPCS and SPCP. Thus, CVTA clearly performed best at detecting a diversity of Pseudomonas spp. from milk. Surprisingly, MAC showed a lower R² value after 48 h (R² = 0.26) than after 24 h (R² = 0.66), although the R² of MAC after 48 h was higher than that of VRBA, VRBAO, and CPETRI, which had R² values of 0.02, 0.06, and 0.13, respectively (Figure 2b).

Overall, our results demonstrate that, after a 48-h incubation, CVTA, specifically CVTAP, performed best for detecting Pseudomonas in milk, whereas the common selective agars VRBA, MAC, and CPETRI were unable to detect all Pseudomonas isolates after 48 h. Our findings seem to conflict with those of Glueck-Chaloupka and White (2004), who found a stronger association (R² = 0.73) between VRBA without an overlay and poured SPC than observed here and weaker associations between SPC and CVTA at an incubation temperature of 32°C (R² = 0.16; Glueck-Chaloupka and White, 2004). However, unlike our study, Glueck-Chaloupka and White (2004) evaluated the performance of each medium in detecting total psychrotolerant bacteria in milk, not Pseudomonas spp. specifically. Overall, our results indicate that CVTA is able to detect a diversity of strains and is therefore a suitable selective medium for the detection of post-pasteurization contamination by Pseudomonas spp.
Reliable Detection of Pseudomonas spp. in Milk Requires a 48-h Incubation Time at 32°C

When counts were determined on different plating media after incubation for 24 h at 32°C, detection efficiency on selective media was generally poor. Specifically, none of the selective media tested showed $R^2$ values >0.7, and 4 out of 6 selective media showed $R^2$ <0.4 (Figure 2). These findings indicate that enumerating colonies after only a 24-h incubation may result in inaccurate enumeration of Pseudomonas spp., which could allow post-pasteurization contamination with certain Pseudomonas spp. to go undetected.

After a 48-h incubation, improved detection efficiencies for certain selective media, particularly CVTA, were observed. Therefore, a 48-h incubation time resulted in an overall improvement in detection of Pseudomonas spp. in milk, which is consistent with the 48-h incubation times recommended for CPETRI and CVTA (Frank and Yousef, 2004) but not consistent with the recommended incubation time for MAC, which is 18 to 24 h (Difco, 1998). Our results suggest that plating milk samples on CVTA and incubating plates for 48 h is the best method for detecting Pseudomonas contamination in pasteurized milk. These findings support the method for the enumeration of gram-negative organisms in milk presented in Standard Methods for the Examination of Dairy Products (Frank and Yousef, 2004). However, whereas Standard Methods recommends incubating plates at 21°C, our findings suggest that incubating plates at 32°C can accurately detect a diversity of Pseudomonas isolates in milk.

Pseudomonas Isolates Differed in Their Abilities to Grow on Selective Media

After 24 h, we observed variability in growth among isolates on all media except CPETRI, which showed no detectable growth from any isolates. For example, FSL R5-555 and FSL W6-524 showed no detectable growth on any of the media after 24 h, including SPCS and SPCP, and 2 additional isolates (i.e., FSL W7-098 and FSL W7-425) showed no growth on VRBA (Figure 2a).

Overall strain variability for growth on selective media was lower after 48 h than after 24 h; for each selective media, no significant differences in the detected count was found in any of the 12 isolates tested (ANOVA; all $P$-values >0.05), although some isolates showed variability among biological replicates. For example, after 48 h, FSL R5-555 and W6-524 each showed no growth for at least one biological replicate on MAC, CPETRI, VRBA, and VRBAO, although for each of these isolates, all 3 biological replicates produced growth on SPCP. This variability among replicates contributed to
the low SPCP predictability for these selective media. These findings indicate that each of these isolates may require a longer incubation time than 48 h to reproducibly form colonies on MAC, CPETRI, VRBA, and VR-BAO. In contrast, we observed less within-strain variability on CVTAP and CVTAS, as all isolates showed colony formation for all 3 replicates on both media.

The 12 isolates tested in our study varied in their abilities to grow (i.e., 48-h SPCP count minus inoculum count) in UHT milk at 6°C (\(P = 0.0015\); ANOVA). Not surprisingly, limited overall growth was observed in UHT milk at 6°C over 48 h. Specifically, after 48 h, 7 out of 12 isolates showed less than 1 log growth, 4 out of 12 isolates showed between 1 and 2 log growth, and W6-524, which is similar to *Pseudomonas poae* and the psychrotolerant species *Pseudomonas lurida* (Mishra et al., 2009) based on 16S rDNA sequence similarity (Table 1) and phylogeny (Figure 1), showed the highest mean growth [2.63 (1.41 SD) log] after 48 h in UHT milk at 6°C.

Overall, consistent with other results (De Jonghe et al., 2011), we demonstrated that different species of dairy-associated *Pseudomonas* vary in their abilities to grow in milk at refrigeration temperatures. We also demonstrated that *Pseudomonas* strains show variability in how quickly they form colonies on selective media. Furthermore, we have provided evidence that certain species of *Pseudomonas* are able to grow more rapidly than others in dairy products during refrigeration. These psychrotolerant *Pseudomonas* spp. may be present in natural environments (Mannisto and Haggblom, 2006; Selvakumar et al., 2009; Salwan et al., 2010), including soil (Mishra et al., 2009), which can be carried into processing plants through various routes. This highlights the importance of good in-plant sanitation practices in helping to prevent post-pasteurization contamination.

**CONCLUSIONS**

Our findings demonstrate that plating milk samples on CVTA (pour plates or spread plates) followed by a 48-h incubation at 32°C represents an effective method to recover a diversity of *Pseudomonas* spp. from refrigerated fluid milk. On the other hand, plating on 3M CPETRI and VRBA showed a limited ability to detect all common fluid-milk-associated *Pseudomonas* spp. Therefore, the use of coliform media as the lone indicator of gram-negative contamination, although convenient, is not an effective method for monitoring post-pasteurization contamination. Conversely, because general gram-negative selective media such as CVTA will not differentiate between coliforms and *Pseudomonas* spp., a program that includes testing for coliforms, using coliform selective media (e.g., VRBA or CPETRI), and general gram-negative spoilage organisms, using CVTA, is necessary to ensure the safety and quality of pasteurized dairy products, including fluid milk.

**ACKNOWLEDGMENTS**

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**REFERENCES**


