Ricotta cheese is a ready-to-eat product with properties (pH >6.0, \( a_w >0.98-0.99 \)) and moisture content (75–80\%) that may pose a risk to public health due to postprocess contamination by several bacterial pathogens, including Arcobacters. The objective of the study was to evaluate the behavior of \textit{Arcobacter butzleri} and \textit{Arcobacter cryaerophilus} in ricotta cheese during its shelf life assuming postprocessing contamination. Two types of ricotta cheese, artisanal water buffalo (WB) and industrial cow milk ricotta cheese, were experimentally contaminated with \textit{A. butzleri} and \textit{A. cryaerophilus} and the count was monitored at 2 different temperatures (6°C and 12°C) during shelf life of 5 d for WB cheese and 22 d for industrial ricotta cheese. In WB ricotta cheese the \textit{A. butzleri} count remained stable during the 5 d of storage at 6°C, whereas a moderate but significant decrease was observed in \textit{A. cryaerophilus} count. The counts of both species increased when WB ricotta cheese was stored at 12°C. In industrial ricotta cheese stored at 6°C, a significant reduction was observed both in \textit{A. butzleri} and \textit{A. cryaerophilus} counts during the 22-d storage period; at 12°C storage, a count increase was observed for both \textit{Arcobacter} species up to d 14 of storage after which the log cfu/g count resulted constant until d 22 of storage. The ability of \textit{A. butzleri} and \textit{A. cryaerophilus} to survive at 6°C and to grow at 12°C in ricotta cheese has significant food safety implications.

**Key words:** \textit{Arcobacter butzleri, Arcobacter cryaerophilus, ricotta cheese, survival, growth}

**Short Communication**

\textit{Arcobacter} species have a widespread distribution with a broad range of animal hosts, food, and environmental reservoirs, and are increasingly associated with human illness (Douidah et al., 2014). Some \textit{Arcobacter} species are considered emerging enteropathogens and potential zoonotic agents (Collado and Figueras, 2011). In particular, the species \textit{A. butzleri} and \textit{A. cryaerophilus} have been reported to infect humans. A recent study found that members of the \textit{Arcobacter} genus were the fourth most common pathogenic group (after \textit{Campylobacter} spp., \textit{Salmonella} spp. and toxigenic \textit{Clostridium difficile}) isolated from fecal samples from persons with acute enteric disease (Van den Abeele et al., 2014).

In the dairy chain, \textit{Arcobacter} spp. have been isolated from fecal samples of dairy animals (Wesley et al., 2000; Golla et al., 2002; Van Driessche et al., 2005; Vilar et al., 2010; Piva et al., 2013; Shah et al., 2013), in-line milk filters (Serraino et al., 2013b), and cow and water buffalo milk (Scullion et al., 2006; Milesi, 2010; Shah et al., 2012; Yesilmen et al., 2014). Raw or minimally processed foods are usually considered the main source of human \textit{Arcobacter} infection in industrialized countries, and in food of animal origin, the initial source seems to be fecal contamination during the various stages of production (Ongör et al., 2004; Scullion et al., 2006, Van Driessche and Houf, 2008). However, \textit{Arcobacter} contamination of food processing surfaces has been reported in poultry slaughterhouses, spinach processing plants, and dairy plants (Houf et al., 2002, 2003; Gude et al., 2005; Son et al., 2006; Ferreira et al., 2013; Giacometti et al., 2013a,b; Hausdorf et al., 2013; Scarano et al., 2014; Serraino and Giacometti, 2014). Food processing surfaces were demonstrated to be a source of secondary contamination even for strongly processed foods, and \textit{A. butzleri} was isolated in both artisanal and industrial ricotta cheese at retail (Giacometti et al., 2013a; Scarano et al., 2014). These aspects pose a risk for consumers because ricotta cheese is a ready-to-eat product that provides a substrate [pH >6.0, water activity (\( a_w \)) of 0.98–0.99, and moisture content at 75–80\%] that is not limiting for the survival and growth of many pathogenic bacteria.

The objective of this study was to evaluate the behavior of \textit{A. butzleri} and \textit{A. cryaerophilus} in ricotta cheese during its shelf life assuming postprocessing contamination, to establish whether ricotta cheese can support the growth of these microorganisms. Two types of ricotta cheese, artisanal water buffalo (WB) and industrial
cow milk ricotta cheese, were used for the experimental inoculation and the behavior of the A. butzleri and A. cryaerophilus populations was monitored at 2 different temperature conditions (6°C and 12°C).

The artisanal WB ricotta cheese was produced in the cheese factory of the Department of Veterinary Medical Sciences, Bologna, Italy: about 10 kg of ricotta cheese was collected by sterilized tools and immediately transported to the laboratory; the industrial ricotta cheese was received from a local industry; ten 1.5-kg packs of industrial cow ricotta cheese were transported to the laboratory. Both types of ricotta cheese were divided in 18 batches of 500 g each and used for the experimental inoculation on the same day of production for WB ricotta cheese and on the day after production for industrial cow ricotta cheese. The shelf life declared by manufacturers was 5 and 22 d, respectively, for WB artisanal and industrial cow milk ricotta cheese at storage conditions of 6°C.

For the inocula, one reference strain (A. butzleri strain DSM 8739T and A. cryaerophilus strain DSM 7289T, Leibniz Institute DSMZ, Braunschweig, Germany) and 2 field isolates, respectively 2 A. butzleri (AB-61 and AB-83), isolated from dairy processing surfaces and from cheese (ricotta draining table and artisanal water buffalo ricotta cheese) in an artisanal dairy plant, and 2 A. cryaerophilus (AC-1 and AC-G29), isolated from WB feces and from processing surfaces (curd-cutting facilities) in an industrial dairy plant, were used in the study. Each strain was grown separately on nutrient agar supplemented with 5% laked horse blood (Oxoid, Basingstoke, UK) incubated at 30°C for 48 h microaerobically by evacuating 80% of the normal (Oxoid) incubated at 30°C for 48 h microaerobically. Colonies present in the jar. Suspensions was verified by 10-fold dilution and direct plating on nutrient agar supplemented with 5% laked horse blood (Oxoid) incubated at 30°C for 48 h microaerobically.

For each ricotta cheese type, the eighteen 500-g batches were used as follows: 6 batches were inoculated with A. butzleri (3 batches were stored at 6°C and 3 batches at 12°C); 6 batches were inoculated with A. cryaerophilus (3 batches were stored at 6°C and 3 batches at 12°C); 6 batches were not inoculated and used as control (3 batches were stored at 6°C and 3 batches at 12°C). Storage conditions at 6°C and 12°C were selected to simulate conditions of optimal storage and thermal abuse at home throughout the shelf life claimed by each producer; the ricotta cheese batches were stored into 2 refrigerated incubators CIR 400 and the temperature was measured by a Thermo Button 22L data logger (Astori Tecnica s.n.c.). In addition, for each trial (2 types of ricotta cheese × 3 batches × 2 incubation temperatures) a control was performed by inoculating the same concentration of the 2 Arcobacter species into 200 mL of brain heart infusion (BHI) broth (Oxoid).

From each type of ricotta cheese, 3 samples were collected before the Arcobacter experimental inoculation to verify the absence of natural Arcobacter spp. contamination by enrichment procedure, as described by Houf et al. (2001). Briefly, 25 g of sample was inoculated into 225 mL of Arcobacter broth (Oxoid) supplemented with 5% laked horse blood (Oxoid) and a mix of cefoperazone (16 mg/L), amphotericin B (10 mg/L), 5-fluorouracil (100 mg/L), novobiocin (32 mg/L), and trimethoprim (64 mg/L) as a selective supplement. All antimicrobial substances were obtained as laboratory standard powders from Sigma (St. Louis, MO). After 48 h of incubation, an aliquot of 10 μL of the enrichment broth was streaked onto selective Arcobacter agar plates prepared by suspending 24 g/L of Arcobacter broth (Oxoid) and 12 g/L of Agar Technical No. 3 (Oxoid) and supplemented with selective supplement as described above. The plates were incubated at 30 ± 1°C under microaerobic conditions and after 48 h of incubation were checked daily up to 5 d.

From each inoculated batch, at each day of storage for WB artisanal ricotta cheese (from 0 to 5) and at d 0, 1, 2, 3, 7, 10, 14, 17, and 22 for industrial cow milk ricotta cheese, one samples of 10 g was collected to count, in duplicate, respectively, A. butzleri and A. cryaerophilus, by direct plating of serial decimal dilutions onto selective Arcobacter agar plates prepared as described above and incubated at 30 ± 1°C under microaerobic.
conditions for 72 h. Colonies were counted and a selection of 10 colonies for each plate were subcultured and examined for presumptive identification such as growth under aerobic condition and cellular morphology. The DNA of at least 5 colonies from each plate was extracted using the REDExtract-N-Amp Tissue PCR Kit (Sigma) and subjected to species confirmation by multiplex PCR (Douidah et al., 2010).

From noninoculated batches, 3 samples were collected throughout storage (same sampling times) and analyzed by the enrichment procedure as described above to check the absence of *Arcobacter* spp.

The count from inoculated BHI broths was performed in parallel (same sampling times) and with the same procedure described for ricotta cheeses.

The following analyses were additionally performed in single on each sample for each batch: mesophilic lactic acid bacteria (LAB) count by 10-fold dilution and inclusion in M17 and MRS agar plates (Oxoid) incubated aerobically and under microaerobic conditions, respectively, at 35°C for 48 h; pH values were measured by an instrument with automatic temperature compensation (Hanna Instruments HI 223, Milan, Italy); aw was determined by AquaLab model series 3.

The *A. butzleri* and *A. cryaerophilus* counts and the pH and aw measurements at different time of storage were analyzed by repeated measures ANOVA; PRISM 5.0 software was used. Statistical significance was set at *P* < 0.05.

The results of the study show that no *Arcobacter* spp. were detected in samples of ricotta cheese analyzed before inoculation or in any of the samples performed in noninoculated batches during the study. Values of pH, aw, and LAB count showed no significant differences between noninoculated batches and batches inoculated with *A. butzleri* and *A. cryaerophilus* in WB artisanal or in industrial ricotta cheeses. The aw observed values resulted unchanged until the end of the shelf life in the range 0.994 to 0.998 for aw; pH values resulted substantially unchanged in WB ricotta cheese stored for 5 d at 6°C but showed a significant decrease in WB ricotta cheese stored at 12°C for 5 d (from 6.12 ± 0.02 to 5.21 ± 0.34) and in industrial cow ricotta cheese both stored at 6°C and at 12°C (from 6.46 ± 0.01 to 5.88 ± 0.05 and from 6.47 ± 0.00 to 5.59 ± 0.03, respectively) for 22 d. The LAB population was always <30 cfu/g in industrial cow milk both in ricotta cheese stored at 6 and 12°C as well as in WB artisanal ricotta cheese at 6°C until d 5 of storage in which they increased to 2.02 log cfu/g, whereas at 12°C LAB increased to 9.32 log cfu/g (Tables 1, 2, 3, and 4) at the end of 5 d of storage.

In WB artisanal ricotta cheese, the *A. butzleri* count remained stable during the 5 d of storage at 6°C (Table 1), whereas a moderate but significant (*P* = 0.0068) de-
crease was observed in A. cryaerophilus count (between 0 vs. 4 and 0 vs. 5 d of storage). An increase was shown in the count of both species when WB ricotta cheese was stored at 12°C, from 4.27 ± 0.13 log cfu/g to 8.03 ± 0.26, and from 5.15 ± 0.04 log cfu/g to 8.34 ± 0.14 for A. butzleri and A. cryaerophilus, respectively (Tables 1 and 2). Values of pH showed a moderate increase during the storage period at 6°C and a significant decrease from d 4 of storage in WB ricotta cheeses stored at 12°C to a value of 5.21 at the end of the 5-d period (see Tables 1 and 2). The LAB count, starting from a value of <30 cfu/g at d 0 was unchanged at 6°C until d 4 of storage followed by an increase on d 5 (Tables 1 and 2). In WB ricotta cheese stored at 12°C, a significant increase in the LAB count was observed during the period at d 5 of storage (Tables 1 and 2).

In industrial ricotta cheese stored at 6°C, a significant reduction was observed both in A. butzleri and A. cryaerophilus count during the 22-d storage period (Tables 3 and 4); by contrast, at 12°C, a significant count increase was observed for both Arcobacter species up to d 14 of storage (4.42 and 3.44 log cfu/g increase for A. butzleri and A. cryaerophilus, respectively) after which the log cfu/g count slightly decreased until d 22 of storage (see Tables 3 and 4). A significant decrease in the pH value was observed in both ricotta cheeses stored at 6°C and at 12°C from d 7 of storage as reported in Tables 3 and 4. The LAB count was <30 cfu/g until the end of the storage time (Tables 3 and 4).

In BHI broth, A. butzleri demonstrated the ability to replicate at 12°C and A. cryaerophilus count increased at both (6°C and 12°C) of the incubation temperatures chosen (data not shown).

The present study is the first to investigate the behavior of A. butzleri and A. cryaerophilus in ricotta cheese. The results clearly show that ricotta cheese is able to support the growth of these Arcobacter species in case of moderate thermal abuse (12°C) and that both the investigated species are able to survive during the shelf life of 2 different types of ricotta cheese when stored at refrigeration temperature (up to 22 d at 6°C).

The a_w and pH were not limiting to Arcobacter growth or survival; in fact the a_w values were in the range of 0.994 to 0.998 for all the period of the storage.

| Table 3. Evolution of Arcobacter butzleri (log cfu/g), lactic acid bacteria (LAB) count (log cfu/g), and pH during storage of cow industrial ricotta cheese stored at 6°C and 12°C |
|---|---|---|
| Day | Storage at 6°C | Storage at 12°C |
|  | A. butzleri | pH | LAB (cfu/g) | A. butzleri | pH | LAB (cfu/g) |
| 0 | 6.77 ± 0.04 | 6.46 ± 0.01 | <30 | 4.49 ± 0.01 | 6.47 ± 0.00 | <30 |
| 1 | 6.71 ± 0.02 | 6.45 ± 0.01 | <30 | 4.78 ± 0.25 | 6.48 ± 0.01 | <30 |
| 2 | 6.53 ± 0.10 | 6.48 ± 0.08* | <30 | 6.23 ± 0.07* | 6.49 ± 0.00 | <30 |
| 3 | 6.23 ± 0.01 | 6.50 ± 0.01* | <30 | 7.01 ± 0.29* | 6.50 ± 0.00 | <30 |
| 7 | 5.78 ± 0.24* | 6.43 ± 0.01* | <30 | 8.79 ± 0.21* | 5.89 ± 0.01* | <30 |
| 10 | 5.66 ± 0.10* | 6.41 ± 0.01* | <30 | 8.65 ± 0.55* | 5.73 ± 0.06* | <30 |
| 14 | 5.18 ± 0.03* | 6.24 ± 0.06* | <30 | 8.91 ± 0.79* | 5.70 ± 0.03* | <30 |
| 18 | 4.78 ± 0.20* | 6.21 ± 0.02* | <30 | 8.46 ± 0.54* | 5.69 ± 0.00 | <30 |
| 22 | 4.21 ± 0.82* | 5.88 ± 0.05* | <30 | 8.69 ± 0.64* | 5.59 ± 0.03 | <30 |

1 Data represent means of 3 batches. *A significant difference was observed in the evolution of the bacterial population during study in relation to time 0.

| Table 4. Evolution of Arcobacter cryaerophilus (log cfu/g), lactic acid bacteria (LAB) count (cfu/g), and pH during storage of cow industrial ricotta cheese stored at 6°C and 12°C |
|---|---|---|
| Day | Storage at 6°C | Storage at 12°C |
|  | A. cryaerophilus | pH | LAB (cfu/g) | A. cryaerophilus | pH | LAB (cfu/g) |
| 0 | 5.32 ± 0.09 | 6.47 ± 0.02 | <30 | 5.07 ± 0.10 | 6.48 ± 0.00 | <30 |
| 1 | 5.29 ± 0.08 | 6.45 ± 0.01 | <30 | 5.75 ± 0.16* | 6.48 ± 0.01 | <30 |
| 2 | 5.09 ± 0.24 | 6.48 ± 0.00* | <30 | 6.18 ± 0.27* | 6.49 ± 0.01 | <30 |
| 3 | 5.13 ± 0.23 | 6.51 ± 0.01* | <30 | 7.82 ± 0.39* | 6.50 ± 0.00 | <30 |
| 7 | 4.64 ± 0.29* | 6.44 ± 0.01* | <30 | 8.46 ± 0.51* | 5.90 ± 0.01* | <30 |
| 10 | 3.99 ± 0.45* | 6.40 ± 0.02* | <30 | 8.51 ± 0.27* | 5.82 ± 0.22* | <30 |
| 14 | 3.68 ± 0.18* | 6.17 ± 0.07* | <30 | 8.61 ± 0.15* | 5.74 ± 0.03* | <30 |
| 18 | 3.55 ± 0.07** | 6.20 ± 0.00* | <30 | 8.34 ± 0.20* | 5.70 ± 0.01 | <30 |
| 22 | 4.10 ± 0.30* | 5.90 ± 0.02* | <30 | 8.06 ± 0.25* | 5.60 ± 0.03 | <30 |

1 Data represent means of 3 batches. *A significant difference was observed in the evolution of the bacterial population during study in relation to time 0.
that is over the reported minimal \( a_w \) (0.985 to 0.990) for *Arcobacter* growth (Cervenka, 2007). The pH values remained in the reported optimal pH range (6.0 to 8.0; Lehner et al., 2005) for most of the study and in industrial ricotta cheese they never reached the lower pH growth (5.0 to 5.5) reported for *Arcobacter* (Hilton et al., 2001; D’Sa and Harrison, 2005; see Tables 3 and 4). In artisanal WB ricotta cheese, the pH reached a value of 5.21 only at d 5 of storage at 12°C.

*Arcobacter butzleri* count remained stable in artisanal WB ricotta cheese but decreased in industrial ricotta cheese when stored at 6°C (see Tables 1 and 3). A progressive decrease of the log cfu count was in agreement with several reports in culture media (Hilton et al., 2001; Kjeldgaard et al., 2009), water with or without organic material (Van Driessche and Houf, 2008), and milk (Giacometti et al., 2014) stored at refrigeration temperatures. Given that the same strains and the same storage conditions were used in the 2 experiments, the apparent variables between the 2 tests could be attributed to the different type of cheeses used in terms of composition (water buffalo vs. cow milk ricotta cheese) or in terms of natural contaminant microflora (artisanal vs. industrial production system); both the composition of the medium (Kjeldgaard et al., 2009) and the presence of natural microflora (Balamurugan et al., 2013) were demonstrated to influence the growth and survival of *A. butzleri* in foods. In particular, Balamurugan et al. (2013) demonstrated that natural contaminant microflora may enhance *A. butzleri* survival on vacuum-packaged beef and speculated that the enhanced survival could be attributed to the scavenging of oxygen passing through bag barrier (that can be excluded in the present study) or to the production of metabolites by the natural microflora. In addition, the reported decrease in cow industrial ricotta cheese, in comparison with WB artisanal ricotta cheese, could be due to the longer time (22 vs. 5 d) the microorganisms are under unfavorable temperature conditions and a similar trend could be observed in WB artisanal ricotta cheese if the test could be extended for a longer time.

*Arcobacter cryaerophilus* log cfu count decreased in the 2 types of ricotta cheese when stored at 6°C. The reported minimal growth temperature of *A. cryaerophilus* is 5°C (Neill et al., 1985), but the decrease observed in this study reflects a similar behavior in milk at 10 and 4°C (Giacometti et al., 2014).

When the ricotta cheeses were stored at 12°C a significant increase in both *A. butzleri* and *A. cryaerophilus* count was observed during the 5 d of storage in WB ricotta cheese (up to 8.03 and 8.34 log cfu/g, respectively, for *A. butzleri* and *A. cryaerophilus*) and in cow milk ricotta cheese during the 22 d of storage (up to 8.69 and 8.06 log cfu/g, respectively, for *A. butzleri* and *A. cryaerophilus*). Kjeldgaard et al. (2009) reported the minimum growth temperature for *A. butzleri* on chicken meat juice medium and BHI at 10°C. By contrast, both *A. butzleri* and *A. cryaerophilus* were unable to grow in milk at 10°C (Giacometti et al., 2014). The higher incubation temperature applied in the present study (12°C vs. 10°C) and the different type of food tested may have influenced the results.

The ability of *A. butzleri* to survive during the shelf life of dairy produce in both cases of thermal abuse and optimal storage temperature was previously reported, but growth was observed only in the case of severe thermal abuse (Serraino et al., 2013a; Giacometti et al., 2014); the isolation of *A. butzleri* in ricotta cheeses sampled at retail and the ability of *A. butzleri* and *A. cryaerophilus* to grow at 12°C (i.e., roughly the temperature of home storage [Beaufort et al., 2008]) can have food safety implications because ricotta cheese is a ready-to-eat product. In addition, the increase in *Arcobacter* spp. count in inoculated batches occurred without significant changes in organoleptic properties and pH in comparison with noninoculated batches. This finding must also be taken into account because the consumer may have no indication of the multiplication of potential pathogenic bacteria in the cheese.

The findings of this study should help to draw more attention to *A. butzleri* and *A. cryaerophilus* in dairy plants, and in the food processing environment in general, and to their importance as human pathogens entering the food chains. Due to the few reports available in literature, future studies should address the retail prevalence of dairy products contaminated by *Arcobacter* spp. for the development of a proper risk assessment.

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