Alternatives for Improving Physical, Chemical, and Sensorial Characteristics of Goat Cheeses: The Use of Arid-Land Forages in the Diet. By Álvarez et al., page 2181. The effect of different diets on goat cheese quality was studied. In this experiment we demonstrated the importance of using arid-land forages in the diet. Milk and cheese fat increased and cheeses had a greater variety of odors and flavors when goats were fed high levels of forage, resulting in greater appreciation scores by sensory panelists.